

社団法人 豪州日本空手協会  
JAPAN KARATE ASSOCIATION (JKA) AUSTRALIA INC.

# JKA Australia National Training Seminar

## August 2024

Wednesday & Thursday 21<sup>st</sup> to 22<sup>nd</sup> August - BRISBANE  
Friday to Sunday, 23<sup>rd</sup> 24<sup>th</sup> & 25<sup>th</sup> August - MELBOURNE

### SEMINAR PROGRAM

(This Events Schedule and locations may be subject to change)

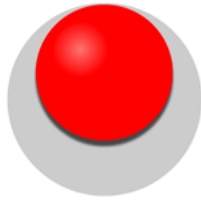
*Note: Participants are requested to bring protective wear (e.g. fist protectors/sparring gloves, mouth guards) to each session.*

#### Wednesday, 21<sup>st</sup> August 2024

**Location:**

Moray Field Events Centre, 298 Morayfield Road, Morayfield, QLD, 4506

<b>5:15pm to 5:30pm</b>	Registration
<b>5:30pm to 6:20pm – (50 mins) (Session 1)</b>	
Kihon – All Grades – Izumiya Sensei and Ueda Sensei together	
Kihon Speed and Correct Posture.	
<b>6:20pm to 6:30pm</b>	Water Break
<b>6:30pm to 7:20pm – (50 mins) (Session 2)</b>	
Kata: Gojushiho Sho – Izumiya Sensei	Kata: Heian Katas – Ueda Sensei
<b>7:20pm to 7:30pm</b>	Water Break
<b>7:30pm to 8:20pm – (50 mins) (Session 3)</b>	
Kata: Tekki Katas – Izumiya Sensei	Kata: Sochin – Ueda Sensei
<b>8:20pm to 8:30pm</b>	Training Finish



社団法人 豪州日本空手協会  
JAPAN KARATE ASSOCIATION (JKA) AUSTRALIA INC.

---

## Thursday, 22nd August 2024

### Location:

JKA Bribie Island, 37-39 Benabrow Avenue, Bribie Island, QLD 4507

### \*1:30pm to 3:30pm

- Grading: 1<sup>st</sup>/ 2<sup>nd</sup>/ 3<sup>rd</sup>/ 4<sup>th</sup> Dan
- Accreditation for: C Instructor / C Examiner / C Judge

*\*By invitation only.*

*\*Dan grading and accreditation application is required to be submitted and accepted prior to attendance. For details, please contact your instructor.*

*Note: Participants **must** bring protective wear (e.g. fist protectors/sparring gloves, mouth guards).*

---

## Thursday, 22nd August 2024

### Location:

Mary Mackillop Performance Centre, 100 McKean Street, Caboolture, QLD 4510  
(Court 1, Accessed via Pettigrew Street)

<b>5:15pm to 5:30pm</b>	Registration
<b>5:30pm to 6:20pm – (50 mins) (Session 4)</b>	
Kata: Gankaku – Izumiya Sensei	Children under 12 years Kihon / Kata / Kumite – Ueda Sensei
<b>6:20pm to 6:30pm</b>	Water Break
<b>6:30pm to 7:20pm – (50 mins) (Session 5)</b>	
Kata: Bassai Sho – Izumiya Sensei	Kumite Drills – Ueda Sensei
<b>7:30pm to 8:20pm (50 mins) (Session 6)</b>	
JKA Masterclass Demonstration	
Photos	
<b>8:20pm to 8:30pm</b>	Training Finish

---



社団  
法人

豪州日本空手協会

JAPAN KARATE ASSOCIATION (JKA) AUSTRALIA INC.

---

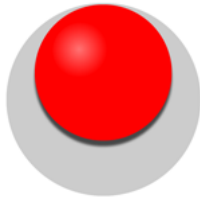
**Friday, 23rd August 2024**

**Location:**

Genazzano FCJ College, 301 Cotham Road, Kew, VIC 3101

<b>5:15pm to 5:30pm</b>	Registration
<b>5:30pm to 6:30pm – (60mins) (Session 7)</b>	
Kihon – All Grades – Izumiya Sensei and Ueda Sensei together	
Kihon Speed and Correct Posture	
<b>6:30pm to 6:45pm</b>	Water Break
<b>6:45pm to 7:45pm – (60mins) (Session 8)</b>	
Kata: Jion – Izumiya Sensei	Kata: Tekki 1 / 2 / 3 – Ueda Sensei
<b>7:45pm to 8:00pm</b>	Training Finish

---



社団法人 豪州日本空手協会  
JAPAN KARATE ASSOCIATION (JKA) AUSTRALIA INC.

---

**Saturday, 24th August 2024**

**Location:**

Genazzano FCJ College, 301 Cotham Road, Kew, VIC 3101

<b>9:00am to 9:30am</b>	Registration
<b>9:30am to 10:30am – (60mins) (Session 9)</b>	
Kata: Bassai Sho – Izumiya Sensei	Kumite Drills – Ueda Sensei
<b>10:30am to 10:45am</b>	
Water Break	
<b>10:45am to 11:30am – (45mins) (Session 10)</b>	
Kata: Unsu – Izumiya Sensei	Kata: Kanku Dai – Ueda Sensei
<b>11:30am to 12:30pm</b>	
Lunch Break	
<b>12:30pm to 1:00pm</b>	
Photos	
<b>1:00pm to 2:00pm – (60mins) (Session 11)</b>	
Kata: Kanku Sho – Izumiya Sensei	Children under 12 years Kihon / Kata/ Kumite – Ueda Sensei
<b>2:00pm to 2:15pm</b>	
Training Finish	

**\*2:30pm to 4:30pm**

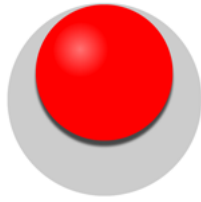
- Grading: 1<sup>st</sup>/ 2<sup>nd</sup>/ 3<sup>rd</sup>/ 4<sup>th</sup> Dan & (x1) 6<sup>th</sup> Dan
- Accreditation for: C Instructor / C Examiner / C Judge

**\*By invitation only.**

**\*Dan grading and accreditation application and is required to be submitted and accepted prior to attendance. For details, please contact your instructor.**

*Note: Participants **must** bring protective wear (e.g. fist protectors/sparring gloves, mouth guards).*

---



社団法人 豪州日本空手協会  
JAPAN KARATE ASSOCIATION (JKA) AUSTRALIA INC.

---

**Sunday, 25th August 2024**

**Location:**

Genazzano FCJ College, 301 Cotham Road, Kew, VIC 3101

<b>9:00am to 9:30am</b>	Registration
<b>9:30am to 10:30am – (60mins) (Session 12)</b>	
Kata: Nijushiho – Izumiya Sensei	Kata: Jitte – Ueda Sensei
<b>10:30am to 10:45am</b>	
Water Break	
<b>10:45am to 11:45pm – (60mins) (Session 13)</b>	
Kata: Meikyo – Izumiya Sensei	Kata: Empi – Ueda Sensei
<b>11:45am to 12:00pm</b>	
Water Break	
<b>12:00pm to 1:00pm – (60 mins) (Session 14)</b>	
Kihon: Hard Training – Izumiya Sensei and Ueda Sensei together	
<b>Finish</b>	

---